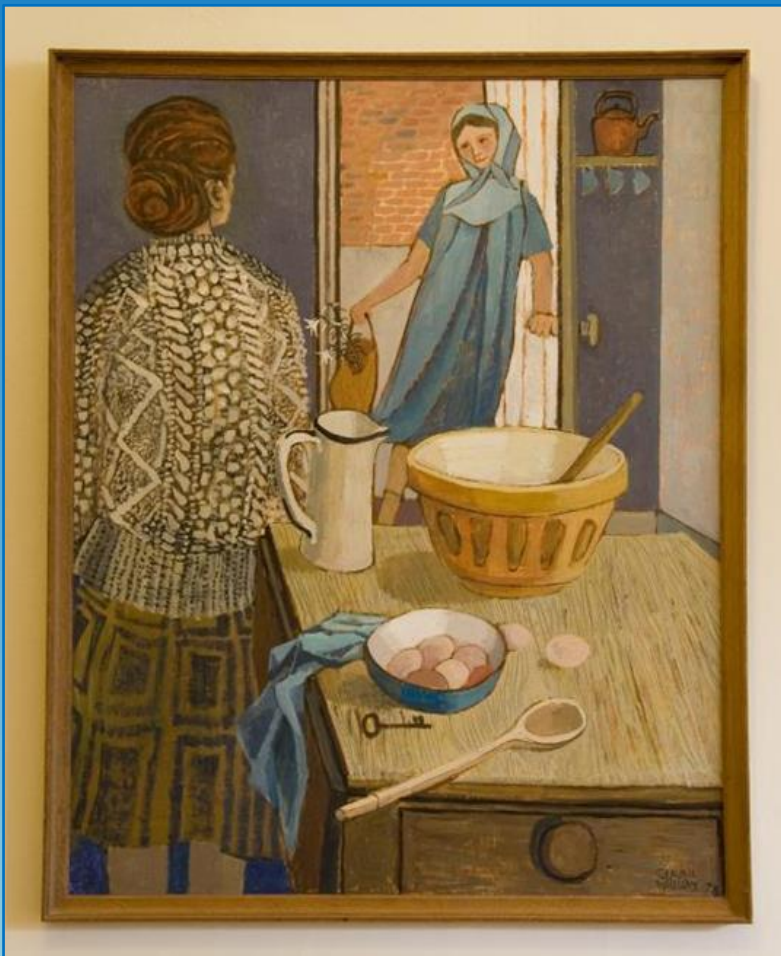


# Reflect

Methodist Spirituality and Retreats

## Reflect Quiet Morning 8th and 9th November 2024 'Offering hospitality – openness to others and to God' - with Joy Adams



### Programme:

**9.30** Welcome, prayer & Introduction to include a brief intro to the painting

**10.00** Session 1- Considering the hospitality of Elizabeth

**11.00** Session 2- Considering the hospitality of Mary (God-bearer)

**12.00** Conclusion and closing prayer

*The Visitation by Claudia Williams  
Hung in the Lounge at St. Beuno's Jesuit  
Spirituality Centre*

Revd Joy Adams is a former chaplain of Whirlow Spirituality Centre in Sheffield and a supernumerary presbyter in the Sheffield Circuit. Her calling in this phase of her life is to develop my spiritual accompaniment practice and offer the occasional quiet day/retreat.

**Booking – please email Lynne on [2tonges317@gmail.com](mailto:2tonges317@gmail.com)**

**Donations are suggested – to Reflect –**

*Bank Details: Lloyds Bank, Sort Code 30 96 18, Account no. 02833113*

***Please quote 'Quiet Day' as a reference for your payment – Thank you!***